



Swerve the peak season crowds and squeeze the last rays out of summer with a September blast by the sea! Schools are back, so look forward to quieter beaches and the warmest sea temperatures, score the best seafront tables and bag a great hotel deal.

If you're looking to tone up, the East Yorkshire Coast is hosting its <u>Walking Festival</u>, 14-21 September, check out the birdlife at Bempton Cliffs, yoga on Bridlington beach and then visit vineyards and breweries, the perfect finale to summer. Or kick-start your routine on the Durham coast, at 8.45am on the last Sunday of every month swim meet-ups take place at Seaham, part of Mental Health Swims. Come along for a refreshing swim, dip or paddle, book your place <u>here</u>.

And what better way to travel than with your furry friend, with many beaches welcoming back dogs after the summer, it's the perfect time to pamper your pup with a run on the sands. Dog Days Out is a new title from Bloomsbury featuring the best places to stay and visit, with 365 dog-friendly ideas around the UK.

We've got two copies to give away so enter now and give your best friend an extra treat!



## **Best of the fests in North Yorkshire**

With one of the UK's longest stretches of beaches, Redcar and Cleveland is ideal for outdoor adventures but it's also home to Guisborough, gateway to the North York Moors National Park. The Tees Valley is also host to some great arts events and festivals. Check out the Festival of Thrift and more <a href="here">here</a>

### Plan your trip now!



# History, heritage and Jane Austen – in Southampton!

Think you know Southampton? Think again! This proud port city's history is centuries old, stroll amazing medieval town walls, uncover a heritage that includes the Titanic, the Mayflower and the Spitfire and today explore cuisine from almost every corner of the globe. New this year, it's revealing its Jane Austen links!



## **Sunflowers and seafood in Dorset**

Seaside gems like Weymouth and Lyme Regis make brilliant late season breaks, so check in and then stroll parts of the spectacular South West Coast Path, explore sunflower trails and maize mazes and replenish on fantastic local food and drink. Discover its nature reserves and more here!

**Check out the Dorset coast!** 



Win your copy of Dog Days Out!

Incredibly, one third of us own a dog! And nothing beats escaping for a break with our faithful friends, but where to go? We have two copies of <a href="Dog Days Out">Dog Days Out</a>, a brilliant new book from Bloomsbury featuring 365 inspirational ideas of special places across the UK to take your pup.

This comprehensive guide features a variety of walks, from rugged countryside to sweeping beaches, and includes options for both short walkies and full days out, whatever the weather. Discover quirky dog-friendly accommodation and fun attractions. Along with gorgeous maps and beautiful photographs, there's plenty of information on local bylaws plus safety tips, ideas for solo travel as well as accessible dog days out, making this little book endlessly useful and a great aspirational read.

We have two copies to give away, to win your copy **ENTER HERE**.

Your four-legged friend will thank you for it!

#### **Enter now!**

# **Check out our latest blogs**



September is an ideal month for a late escape and there's still masses happening on the coast. Check out some of the latest experiences, from art trails in Dorset to seal watching in Lincolnshire, there are gems to be seen best enjoyed away from the crowds.

### Read Blog

Planning an autumn getaway? Discover woodland paths carpeted in conkers, mountains of golden leaves under a canopy of russet trees – East Yorkshire is a balm for the senses! Enjoy the best hot chocolate cafes and perfect pup retreats

### Read Blog



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# **England's Coast**

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